

Balloon tennis and dominoes at Princess Christian Care Home



Our Princess Christian Care Home residents enjoy daily exercises and especially like our warm up games of balloon tennis.

Our ladies and gents have to **keep a balloon off the floor** and bat it to each other – great for upper body movement and strength. And jolly good fun too!

Dominoes is also a popular classic game at our Home; as you can see from the photo, Joan was looking very pleased with herself as she went on to win again. *Well done Joan, our champion!*