

## Cooking Club treats at Princess Christian Care Home



Head Chef Cosmin ran our popular Cooking Club session on Friday 30 September at Princess Christian Care Home, with residents Tony, Ameneh, Bruce and Len eager to be involved.

*Their tempting creations this time were chocolate and biscuits rolls, using the below ingredients:*

500g biscuits  
200g butter  
200ml milk  
100g sugar  
100g sultanas  
50g cacao  
Rum essence

Our 'Chefs in training' helped to break up biscuits into small pieces, assisted by **Olivia and Lucy** from our Recreation and Well-Being Team.

Separately, they warmed the milk and then added the butter, stirring until it had melted. Then they added the sugar and cacao and stirred until it was well combined, when they removed it from the heat and let it cool down. Once cool, they added the biscuits and mixed thoroughly.

The **mixed ingredients** were then **formed into rolls**, covered in cling film and chilled (4-5 hours), before being **sliced into delicious biscuits**.





Well done to our 'awesome foursome' who did an excellent job and enjoyed receiving their **certificates** at the end of the session.

