

Creating shortbread with Chef Cosmin at Princess Christian Care Home



On Friday 17 September we hosted another of our popular 'Cooking with Cosmin' sessions at Princess Christian Care Home.

Our trainee Chefs were **Toni, Harold, John** and **Margaret**, accompanied by Chef Assistants **Olivia** and **Sian** from our **Recreation and Well-Being Team** and this time it was **shortbread** on the menu.

We now have a **plasma screen** in our Cookery Club room which we can use to play baking and cooking videos, which are both helpful and entertaining!

Our class was a great success, with our residents mixing and shaping their shortbread, which we baked and served – *delicious!*

Cosmin commented;

"I'm planning in future, before one of our classes, to hold a kitchen tour with our residents, so they are able to see where we cook food at Princess Christian and see how big our kitchen is."



