Creative projects and authors at Princess Christian Care Home

Gardening in the sunshine

We have been taking full advantage of the beautiful spring sunshine here in the Bisley Unit of Princess Christian Care Home, getting out into our courtyard garden.

Olivia and Maria are the Activities Coordinators in our **Bisley Unit**, where we care for our residents with **Dementia**. We have beautiful artificial grass in the courtyard garden, and Olivia has been potting new plant pots with some of our ladies and gentlemen.

Making garlands

Our gentlemen enjoyed helping to make garlands for our sweetie trolley too – *more on this later in the week!*

An author in our midst

One of our gentlemen, **Tony Liddicoat**, proudly poses with a copy of his book **"Five Bells" Job Done – A Diver's Story**, published in 2007. The book covers Tony's diving life and we re-dive all his old haunts with him:

> *"There are three main directions with which a person can pursue the activity of diving. These are 'Commercial Diving' as a job, 'Military Diving' as a job/qualification to aid the Armed Forces in their aims and as a 'Recreational Diver' as a sport or hobby pastime. Tony Liddicoat is one of the very rare individuals who has pursued all three activities and has reached the top in each of them. In this book he writes down his progression through all three disciplines, managing to combine and mix all three during his nearly 50year diving career. As you will read, his diving adventures have*

taken him around the world, to every ocean and to many different lands. He has experienced the extremes of climate and terrain and has undertaken many challenges. These vary from diving, the inside of a Nuclear Reactor, placing and detonating explosive charges, searching for bodies in sewers or training potential divers on a tropical island. It prompted one of the typists to state, "I don't know how you're still alive?" such was the response when reading parts of the book."