

Delicious Eton mess at Princess Christian Care Home



Last week we held our Cooking Club session at Princess Christian Care Home, with Eton mess on the menu!

A firm favourite of many, Eton mess combines **fresh cream with meringue nests** and **fruits of the forest** for a truly indulgent dessert.

Our enthusiastic Chefs in training for the activity were **John, Wendy, Ameneh and John**, with guidance from **Head Chef Cosmin** and help from **Christine and Lucy** from our Recreation and Well-Being Team.

It was a very successful class, with everyone enjoying creating their **dreamy puddings** with the yummy ingredients!

The Eton mess puddings we created were **served at lunchtime as a dessert option** for all our residents to enjoy. *What a delightful treat!*

All our participants received a certificate for taking part, as well as applause from everyone!



