

Fantastic fresh fruit at Princess Christian Care Home



To celebrate Nutrition and Hydration Week (14-20 March) at Princess Christian Care Home, we decorated and filled a trolley full of delicious fresh fruit for our residents and staff to snack on throughout the day to encourage healthy eating.

Our staff certainly enjoyed their delicious treats; bananas, plums, kiwis, apples, satsumas and even a pineapple – what a wonderful rainbow splash of colour!

Who needs chocolate bars, eh?!



Our amazing fruit trolley!