

Praise for Caribbean cuisine at Princess Christian Care Home



We were thrilled to receive a wonderful message of praise from one of our families at Princess Christian Care Home this week.

Carol Church, daughter of our lovely resident Wilfred, wrote to us to share her delight at how her father has been enjoying the wonderful Caribbean food freshly prepared by our Chefs and Kitchen Team.

Carol has even provided recipes herself for the team to try and has been very impressed at the quality of the dishes they have presented to her father and other residents.

She says Wilfred has thrived on these meals which are both a delight for his tastebuds and a wonderful celebration of his Caribbean heritage;

"I really appreciate your team's dedication and passion to giving my dad some tastes and smells from home. We as a family feel so blessed to have found Princess Christian and after meeting Mario we knew it was a caring home for dad, and all of the team have proved it was the right decision.

My dad looks so well and is happy, he always tells me so.

Dad lived alone and always cooked his Caribbean meals – chicken and fish curries and rice. As he began his journey with dementia this was forgotten, and when he went into care in his previous care home it was English food only.

You have livened his tastebuds and I'm sure you can see his appreciation!

Regarding Around the World with Nellsar Cruises, what a great idea to cook from world recipes and adapt to everyone's pallet. I think this is highly commendable, as England adapted to immigration in the 60s and so did the food. I'm sure most of your

residents liked a curry or spices on their food, so why shouldn't they eat like this now?

Of course it must also excite your Chefs to prepare different foods and see the reaction. I know Daniel was very happy to receive my recipes and I have to say he cooked them to perfection. Even banana bread for tea in the afternoon! The chicken dish looks delicious and dad looks to be enjoying it. The presentation is done with care as well, which all shows how dedicated you are.

Thank you very much for this. A very happy daughter!"

Nellsar's Head of Catering Services, Adrian Silaghi has been corresponding with Carol to ensure Wilfred gets the **best dining experience possible at Princess Christian**, in terms of both his favourite foods and flavour and the way he likes to enjoy his meals.

"Last week I visited Princess Christian and saw a note on the Chefs board with a reminder for them to cook a special dish for your lovely dad, along with a printed recipe. It was so nice to see that it was scheduled for Friday - 'Easy Caribbean chicken'.

...we are serving his food on a special 'keep warm plate' so it's not getting cold so quickly and he can enjoy his meal longer, at his own pace."

Adrian was also excited to highlight our upcoming **Around the World with Nellsar Cruise** stop on Wednesday 14 July, when residents across **Nellsar** will be experiencing the sights, sounds and tastes of the **Caribbean**.

We are sure Wilfred and our other residents will enjoy the colours and flavours of our Chefs' Caribbean creations!