

Princess Christian Care Home pamper residents for World Menopause Day



On Wednesday 18 October, residents and team members at Princess Christian Care Home celebrated World Menopause Day.

Our amazing **Recreation and Well-Being Team** made gift bags of heart-shaped candles, collagen face masks and heart-shaped lollies which they gave out to all our lovely female staff.

They also had an information trolley in reception with lots of menopause facts in multiple languages for our colleagues to take home with them.

