

Princess Christian Care Home residents enjoy Boules and a sing along



Indoor boules

Our residents at Princess Christian Care Home enjoyed a great game of indoor boules last week.

It's great to see the competitive side of our residents come out and the **shared encouragement** they give to each other during the game.

Boules is good for **hand and eye coordination** and a great test of skill and concentration.

Karaoke

Singing is so good for **boosting morale**, so last Friday in the afternoon we decided to have an end of the week **Karaoke sing along!**

Our ladies and gents picked the songs they wanted to hear, and with **musical instruments** and lots of singing we enjoyed a great afternoon of music and dancing.





