

Princess Christian Care Home residents enjoy Doll Therapy



Here at Princess Christian Care Home we have introduced Doll Therapy as part of our therapy sessions with our Well-Being Manager Maria and this has proved to be very popular amongst our residents.

Our dolls resemble a plaything but serve a purpose much more than entertainment for our residents; many people with dementia are **comforted and soothed by holding a doll or soft toy**. These dolls provide a physical, tactile tool for managing anxiety and other emotional difficulties.

It's been wonderful to see so much nurturing and so many cuddles going on in our Home!