

## Princess Christian Care Home residents enjoy sensory room



A couple of our Princess Christian Care Home gents had great fun in our sensory room last week, with our 1-1 Champion Michelle.

This is a calming room, with lovely wall decorations and plants, for our residents to visit to help **relieve stress or tension**.

They can choose to have their nails pampered, enjoy a massage or just simply relax with the **sensory smells, tactile materials** and **calming music**.