

### Princess Christian Care Home

### Princess Christian Care Home Scoop a Haul of Finalist Places at Prestigious Care Sector Awards



#### **Recent Nomination Success**

Team members at Princess Christian Care Home and across the Nellsar Care Homes group are on a high as members of the Home achieve finalist status at further care industry awards.

# Cosmin Cristea – Finalist at the National Care Awards and Surrey Care Awards

Following on from nomination success at the <u>National Care Awards</u>, where <u>Princess Christian</u>'s <u>Head Chef Cosmin</u> has been named as a finalist in <u>The Care Chef of the Year category</u>, we were thrilled to learn that Cosmin has also been recognised as a finalist at <u>The Surrey Care Awards</u> in <u>The Unsung Hero Category</u>.

"Cosmin has consistently demonstrated outstanding abilities and a passion for care catering that significantly contributes to residents' well-being. Having joined the Catering Team in 2015, he is leading the way in menu innovation, nutritional expertise and person-centred dietary support.

Cosmin's skill in creating diverse, tailored menus has received acclaim from both residents and CQC inspectors, earning his department an 'Outstanding' for 'Effective'. Cosmin goes above and beyond to provide specialised dietary support for residents with unique needs – including diabetes or swallowing difficulties — investing significant time in including those with IDDSI food texture requirements, allergies, or intolerances, Cosmin offers an exceptional and diverse range of seasonal menus.



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Beyond his culinary expertise, Cosmin is adored by the residents and his colleagues — providing value that stretches far beyond the stove."

We wish Cosmin every luck for securing a win at both The Surrey Care Awards ceremony on Friday 10 November at Denbies Wine Estate, Dorking, and at The National Care Awards at the Excel Centre London on Friday 24 November.

#### **Princess Christian Bisley Unit - Finalists at The Surrey Care Awards**

We are extremely excited to learn that our **Bisley Care Team** have been named as finalists at the prestigious **Surrey Care Awards** in the **Care Team of the Year category**, and we look forward to supporting them at the awards ceremony on 10 November.

"The Bisley dementia unit at Princess Christian Care Centre is renowned for its unwavering commitment to providing exceptional person-centred care for individuals with advanced dementia. The dedicated staff meticulously tailor each resident's care plan to maximise their well-being and quality of life, considering their unique preferences and abilities.

The care team fosters collaboration among different departments and professionals involved in dementia care, including nursing, physiotherapy, healthcare, recreation, well-being, catering, and nutrition. This collaborative approach allows for the seamless sharing of knowledge and expertise, creating a nurturing environment that enhances the residents' quality of life."

Wishing you all the best of luck!

## Recreation and Well-Being Team – Finalists at The Surrey Care Awards and The Great British Care Awards

We are very proud to announce the success of our **Recreation and Well-Being Team** securing a finalist place at both **The Great British Care Awards**, in their **Activity Organiser category**, and at **The Surrey Care Awards** in their **Innovation in Practice category**.

"The Recreation and Well-Being Team at Princess Christian Care Home has consistently demonstrated its commitment to enhancing the well-being and quality of life of its residents through innovative practices. Their understanding of the profound impact of pet therapy on individuals with dementia and in old age has led them to establish their own pet therapy centre within the home gardens.

The outcomes of the pet therapy programme have surpassed expectations, offering the residents companionship, comfort and joy. Residents who previously exhibited withdrawal or feelings of loneliness have shown remarkable improvements in their mood, engagement and overall well-being. The presence of these furry companions has sparked smiles, laughter, and a renewed sense of purpose among the care community, demonstrating the profound impact of pet therapy on their lives.

What sets the team apart is its commitment to personalisation and individualised care. They take the time to understand each resident's preferences, interests, and history with pets, tailoring the therapy sessions to meet their unique needs. This approach ensures that every interaction is meaningful and specifically designed to promote well-being."

We wish you every success for the two awards ceremonies – on 10 November for The Surrey Care Awards, and on 17 November for The Great British Care Awards.



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