

## Princess Christian Care Home staff take part in Alzheimers Society Glow Walk



**Three members of our Recreation and Well-Being Team at Princess Christian Care Home took part in the Alzheimer's Society 'Glow Walk' on Friday 18 March, and raised £400!**

*'Shining a light on Dementia'* with a stroll along the historic Portsmouth seafront, they walked along the accessible 5km route.

**Carol, Amber and Hayley** said the atmosphere was amazing and Hayley also brought her Dutch Shepherd dog **Rocket** who sported his Alzheimer's bandana and glow-stick collar!

They all enjoyed a **Zumba warm-up**, as well as an **amazing choir and steel band en route**, cheering everyone on!

**Well done ladies** (or 'Team Misfits' as they called themselves!) – *a fantastic amount raised for a very worthy cause!*