

## **Sensory room at Princess Christian Care Home**



**On Wednesday 22 February we started our group sensory and pamper sessions in our Oasis Room here at Princess Christian Care Home.**

Our residents relaxed with **soft lights and calming music** whilst our lovely Maria and Carol from our Recreation and Well-Being Team gave **hand massages and manicures**. Other residents relaxed with some of our sensory toys.

*Everyone enjoyed the session and we are looking forward to the next one!*