

Singalong and snowman biscuits at Princess Christian Care Home



Singalong with Christmas hats

On Thursday 1 December we decided we would have a singalong to Christmas carols here at Princess Christian Care Home, to start getting everyone into the Christmas spirit.

We played **musical instruments** while we sang from the song sheets – *great fun was had by all!*

Snowman biscuits and Christmas trees

During the week we had an **exercise session**, consisting of a warmup with stretches, hand crunches, knee bends and boxing, finishing off with exercising balls, great for hand and eye coordination.

Our residents then had a go at making **melted snowman biscuits**, which (after a few attempts!) turned out well and were very tasty.

We also made a start on making our Home feel **festive for Christmas** – **putting our trees up** and making some of our very own decorations.

It's beginning to feel a lot like Christmas!

























